

# OCEAN WAVE QUILTERS



Fort Bragg, California – [www.oceanwavequilters.com](http://www.oceanwavequilters.com)



*OCTOBER 2025 Newsletter*

Happy Fall to all the Ocean Wave Quilters!

“Call of the Wild.” That is the name of the first quilt I remember making. I know I must have made quilts before. I certainly made many afghans during my school years. Crocheting was easy to take with me on a trip or do while watching TV. All my sewing memories of childhood involve making clothes and having one unfinished quilt project, which is still in a shoe box. When I take out the pieces of that quilt, I cringe because they were cut with scissors and are so crooked that I’m not sure what to do with them. The quilt pieces are cut from the scraps of dresses that my mom and I made for me, so it’s not an option to just carelessly toss them. But I digress.

I remember sewing “Call of the Wild” in the hot June days in Michigan. Some months earlier I had found fabric and a suggested pattern that came with it. There were wild animals, including wolves, bears, pronghorn, deer, elk, bison, and cougars on navy and burgundy backgrounds. These seemed like masculine subjects which my fiancé, Sheldon would like. The pattern was too small for what I wanted and so my dad and I worked on how to enlarge the pattern to make it fit a queen-sized bed which we would be purchasing. I appliqued some large animal heads on cream fabric using a zig-zag stitch. The sewing machine peddle would get so hot I could feel it through my thin tennis shoe soles. My parents had come from Utah to Michigan for my graduate school graduation and wedding. My mom brought with her a walking foot for the Viking Sewing machine I had. I had never even heard of such a thing. But when I began to quilt my project, I was so amazed how the corners matched because the quilt top was pulled the same as the backing, that I changed my sewing habits. I almost always use a walking foot now.

During the hotter July days, I finished the “Call of the Wild.” It was very satisfying. Here’s Sheldon’s words about receiving my wedding gift to him: “When I opened the wedding gift I was rather shocked as I had for months been planning on making Nadine a Blanket chest for a gift. What a great combination of gifts. When I looked it over, I was so impressed that it had so many animals that I enjoyed. It was the first time someone had ever made me something so personal and tied into who I was. In the many years since, Nadine has created many things for our family that were special for each individual. From animals to trains to Africa, each person would get something that tied into their personality and passions. Nothing is as personal as a quilt which keeps you warm as you dream of the future.”

As the cooler days of autumn start, may you find joy in the memories and comfort of quilts.

**Nadine Schultz, OWQ President**



## *TREASURER'S REPORT*

### Ocean Wave Quilters 2025 September Treasurer's Report

**Starting balance 8/20/2025**

**\$6,593.66**

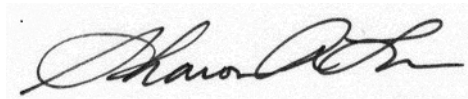
Emerald Dolphin Inn - Sandra Mollon	\$492.20
Sew-n-Sew - Sandra Mollon Class	\$200.00
SCCQG - Insurance - BBQ at Carole P's	\$25.00
Sandra Mollon - Mileage expense	\$264.60
Albion Field Station - October retreat	\$400.00
Laurel Deli - Lunch - Sandra Mollon	\$22.25
Nello's Market - Lunch - Sandra Mollon	\$13.03
Secretary of State - SI-100 Report	\$25.00
Supplies for Hospitality raffles	\$160.07
Supplies for Hospitality and Special Events	\$109.29
Stamps - Newsletter and Administration	\$62.40
<b>TOTAL EXPENSE</b>	<b>\$1,773.84</b>

Dues	\$105.00
Donation - Tracy S. for quilting	\$40.00
Raffle basket	\$123.00
Brown bag sales	\$10.00
<b>TOTAL INCOME</b>	<b>\$278.00</b>

**Ending balance 9/17/2025**

**\$5,097.82**

Submitted by Sharon Lau, Treasurer



Approved at the 9-17-2025 Board Meeting



## COMMUNICATIONS

- The Mystery Quilt Project is coming along – Each month new instructions can be picked up at Sew n Sew in the Mystery Quilt binder on the OWQ shelf.
- Contribute to the quarterly raffle baskets! Next raffle will be held at the general meetings in December, March, and June. You can leave your contributions in the raffle donation box on the OWQ shelf at Sew n Sew.
- Don't forget **Sew Sundays** at the Senior Center! Every 4<sup>th</sup> Sunday of the month. Let's keep it going! Meet to socialize & sew. **Next Sew Sunday: Sunday, September 28<sup>th</sup> and then Sunday, October 26<sup>th</sup>.**
- We need community quilts! Help contribute by making a quilt, pillow case, dress or dog bed for people and pets in need. See Service Committee report for details.
- One of our community members is seeking a sewing tutor:  
"I'm looking for someone who would like to be my sewing coach at my home on my sewing machine. I am unable to travel and I'm happy to pay whatever you ask for your help. I live in Fort Bragg, easy access." – Lynn Kiesewetter/ lynnie@mcn.org

### Shari Lyons, Communications Committee Chair

#### Antique Singer sewing machine with cabinet FOR SALE



The machine is electric, but it is in a treadle cabinet. Asking price \$250.00 OBO. For more information, **contact Connie Mitchell**

**Connie** will be bringing her laminating machine to the next general meeting on **October 12<sup>th</sup>**. If anybody wants to have their membership card laminated, bring it along!

Some of you asked about the loss of funding to the senior center. Yes, their food budget is down by 40% as of the end of this month.

Since we use the senior center regularly and a number of you volunteer or eat there on occasion, I thought you might want to know about the following (see flyer) →

**Susan Blackmer**

*We've Got a Senior Center to Save!*

RCS serves more than 57,000 free meals to seniors each year, a literal lifeline for many friends and neighbors. RCS spends nearly \$500,000 yearly to provide these meals.

About half of the funding comes from government sources. The money is now in danger and insecure. We, the community, need to raise \$250,000 to secure our meal program for seniors.



CHEFS MARGARET FOX & SHANNON HUGHES ARE COOKING UP

# A GALA BRUNCH

TO BENEFIT REDWOOD COAST SENIORS FOOD PROGRAM

**SUNDAY, OCTOBER 19, 2025**  
9 A.M. TO 1 P.M.

REDWOOD COAST SENIORS  
490 NORTH HAROLD STREET | FORT BRAGG  
\$75 PER PERSON | TICKETS AT BROWNPAPERTICKETS.COM

*a magnificent feast prepared by two of the coast's most celebrated chefs!*

**Margaret Fox**  
former owner/chef  
of Mendocino's famed  
Cafe Beaujolais

**&**

**Shannon Hughes**  
former owner/chef of  
Point Arena's legendary  
Pangaea and Lorca

RCSCENTER.ORG for information and the fabulous menu!

## ***SERVICE COMMITTEE***

Here are the donation numbers for the month of SEPTEMBER 2025 from the Service Committee:

- 9 Community quilts
- 9 Warm Welcome quilts
- 3 Pet Beds
- 5 Chemo Port Pillows

The Service Committee has received a request for children's lap/throw quilts from the Mendocino Coast Children's Fund. They will list us as a contributor using our guild logo on their poster for their upcoming "**Winter Warmth**" event to be held on **Nov. 5-6th**. Lonna says to keep foster children in mind for quilt/pillowcase donations for Christmas. Paula says there is an ongoing need for chemo port pillows for Adventist Health oncology departments. Consider spending some of your time at this year's retreat (Oct. 8-11) working on twin size quilts for the Hospitality House. Liz F. will have some material pieces ready to sew into quilt tops for a quick quilt (say that fast 3 times ha-ha!). The foodbank is always happy to receive donations of hats, gloves, scarves, etc., at this time of year. Lastly, a friend of the guild has offered the use of her manual long-arm to quilt a few donation twin quilts. If anyone has an interest in this, please let me know, and I will get you on the list!

As always, THANK YOU for all you do on behalf of our guild and the community!!

P.S. Thank you to Sharon L. for making sure we have guild labels for donation items. The labels are located on a shelf in the back room at Sew n Sew in a small Tupperware container.

**Kathy Demetri, Service Committee Chair**

## ***EDUCATION & SPECIAL EVENTS***

### **BLOCK OF THE MONTH**

**October INSTRUCTOR: Evelyn Harris**

\*\*\*Instructions for SEPTEMBER 2025 BLOCK OF THE MONTH – Can be found on the OWQ website or get a copy at Sew n Sew in the BOM binder on the OWQ shelf. OCTOBER will be posted following the October 12th General meeting.

**SAVE THE DATES!!! April 26, 2026 APPRECIATION LUNCHEON and April 27, 2025 –  
SPRING Class with  
Yvonne Phenicie – Ombre Bargello!**



## OCEAN WAVE QUILTERS 2025 FALL RETREAT

The Fall retreat will take place from **Wed-Sat., Oct 8- Oct 11, 2025 from 9-5 pm**. It will be located at the **Albion Field Station in Albion**. Doors will open at 9:00 am Saturday morning.



### DIRECTIONS TO ALBION FIELD STATION:

From Hwy 20 intersection -

- Turn left on to Highway 1 southbound toward Albion (15 miles from FB)
- Turn left at Albion (0.1 miles)
- Turn left into the Albion market parking area and continue, following the signs to Albion Field Station (signs have the whale tail logo on them) (0.5 miles) – look for the balloons!!
  - ❖ If you have any questions about the retreat, please contact Elizabeth F. 510-292-7833
  - ❖ **SEE LIST AT END OF THE NEWSLETTER FOR RECOMMENDED ITEMS TO BRING WITH YOU!**
  - ❖ **OWQ will supply ironing boards, irons, cutting tables, rulers, and mats. Plus Keurig coffee and tea, cups, small plates and bowls, plastic utensils, and bottled water.**
  - ❖ **Bring some snacks to share!**

## ROUND ROBIN



The Round Robin packets were passed out at the September general meeting. If you signed up and did not receive your packet, please get in touch with Steffany.

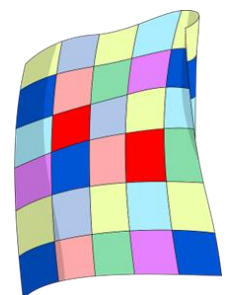
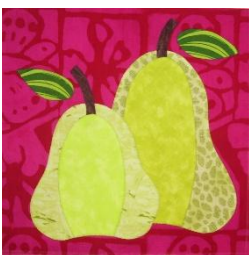
The first switch will take place at the **October 12<sup>th</sup> general meeting**. ❤️ ❤️ After that, each team member will pass on the project to the next team member on their list each month until the last person receives their completed Round Robin top. Updates will be posted as needed.

**Steffany B., Education & Special Events Committee Member**

## Brown Bag Challenge

Bags for the “Brown Bag Challenge” will be available to purchase for \$5.00 at the General Meetings. Please pay Sharon L. Please follow the rules that were included when you purchased your brown bag. The finished items will be displayed at the **HOLIDAY PARTY/General Meeting on Sunday, Dec 14, 2025**. Attendees will be able to vote for their favorite project – *without knowing who made which item*. Your name should not be visible. Please attach **scrap pieces** of the fabrics that came from your brown bag to the front of your project.

Brown Bag Challenge projects must be turned into Steffany B. or Elizabeth F. anytime between **Dec 1<sup>st</sup> and the start of the Dec 14<sup>th</sup>** meeting, so we have time to determine category and display them. **BROWN BAG CATEGORIES: QUILTS, HOME WARES, WEARABLES AND TOYS.**



## Holiday Party

It is time to start thinking about our **HOLIDAY PARTY** on **Sunday, December 14, 2025** – We will be doing an ornament exchange again! Everyone should make an ornament to hang on the **HOLIDAY TREE**. Each person's name who made an ornament, will be put in the raffle spinner. One at a time a name will be drawn, and each person will be able to go to the tree and select which ornament they would like to take home. We also encourage you to bring lots of yummy goodies to share!



**VOTING** – We will take a vote at the **OCTOBER General Meeting**. We propose that funds from Special Events be used to purchase a **KEURIG COFFEE MAKER**.

*Until now members have brought in their personal KEURIG coffee makers from home for use at the general meetings and retreats.*

*“Do you agree to purchasing a KEURIG (cost \$166.12, includes descaling cleaner) for the membership to use at meetings and special events?”*

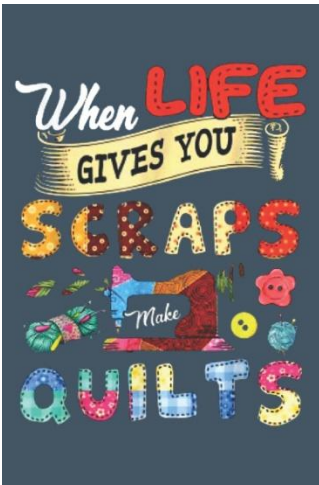


Elizabeth Foster, Education & Special Events Committee Chair



Contributed by Linda W.

## HOSPITALITY



Thank you, once again, for welcoming the changes we've made over the last couple of months. Continuing to remove the garbage, thoroughly sweep and wipe down the tables will improve our standing with the Senior Center. There is an ongoing attempt to organize several different items that are stored in the shared closet at the Senior Center. It is like a puzzle (I love puzzles!).

The doors will be open at **10:30 this Sunday (September 28<sup>th</sup>) for Sew Sunday**. As always, we will set up whatever you need; iron station, cutting area, or tables to layer and ready your quilts for quilting. Hope to see you there!

**Cindi Jo W., Hospitality Committee Chair**

## OCTOBER BIRTHDAYS

<b>Alyssa VanZandt</b>	<b>October 7</b>
<b>Kathy Gaughen</b>	<b>October 13</b>
<b>Sharon Rowan</b>	<b>October 14</b>
<b>Sherry Waggoner</b>	<b>October 23</b>
<b>Susan McDonald</b>	<b>October 24</b>
<b>Angela Zucker</b>	<b>October 29</b>
<b>Cindi Jo Wiley</b>	<b>October 30</b>



## FORT BRAGG QUILT SHOW

Next Quilt Show meeting will be **Wednesday, OCTOBER 1<sup>st</sup> -10:30 am** at **SEW N SEW**

At the next FBQS meeting one of the things we will be discussing is whether or not to have a judge at the 2026 quilt show.

**VOTING – We will take a vote at the October General Meeting**  
**“Do you want the 2026 FBQS to be judged?”**

If you would like to voice your opinion on this subject, please consider attending this meeting. This item will be first on the agenda, so you can come and voice your opinion but not have to stay for the entire meeting.

You are always welcome to join the committee meetings. We meet the first Wednesday of each month at 10:30 am at Sew & Sew. We still have several open positions for the 2026 quilt show. Hope you see you there!

**Carole Poma, 2026 Fort Bragg Quilt Show Committee Chair**



## The 29<sup>th</sup> Annual Fort Bragg Quilt Show “Quilts for All Seasons”

### A HUGE “Thank You” to our 2025 sponsors:

#### Diamond

Rossi Building Materials  
Mendocino Railway

#### Platinum

Community First Credit Union

#### Gold

Sew n Sew  
Mendo Litho  
D’Aurelio’s  
Norvell’s

Laurel Deli and Desserts  
REMax/First Equity Realty  
Noyo Fish Company  
Noyo Pacific, Inc.

#### Silver

Pacific Pearl Upcycle Mercantile  
Windsong Used Books & Records  
Frankie’s Pizza & Ice Cream

Mendocino Cookie Co.  
Chernoff’s Jewelers  
Noyo Fishing Center

#### Bronze

Beautiful Earth  
Big Foot Ice Cream  
Tsunami’s Glass Shop  
Shirts and More  
Egghead’s, Inc.

Splendiferous  
Essentially Hair  
Zapateria La Mexicana  
Oh, Baby!

#### **THANK YOU to our Basket Raffle contributors, as well:**

Purity, Imaginations, Reynolds, Cucina Verona Mercato, Sew n Sew, Fabled (Frame Mill), Pippi’s Socks, The Bookstore & Vinyl Cafe, Hot Pepper Jelly, Roundman’s Smoke House, Lunar Tide, Safeway, Harvest Market, Hare Creek Nursery, Highway 20 Feed, Simply Succulents, Zho Cellars, Larkin Cottage, Harbor Lite Lodge, FBQS Vendors, and OWQ members



## MARK YOUR CALENDARS FOR UPCOMING IMPORTANT DATES

OCTOBER	DAY	TIME	ACTIVITY	LOCATION
October 1 <sup>st</sup>	Wed	10:30 am	FBQS Meeting	Sew n Sew
October 8 <sup>th</sup> -11 <sup>th</sup>	Wed to Sat	9:00 – 5:00 pm	OWQ Fall Retreat	Albion Field Station
October 12 <sup>th</sup>	Sun	1:30 -3:30 pm	General Meeting	Senior Center
October 15 <sup>th</sup>	Wed	10:30 am	Board Meeting	Sew n Sew
October 26 <sup>th</sup>	Sun	10:30 am	Sew Sunday	Senior Center
NOVEMBER	DAY	TIME	ACTIVITY	LOCATION
November 5 <sup>th</sup>	Wed	10:30 am	FBQS Meeting	Sew n Sew
November 9 <sup>th</sup>	Sun	1:30 – 3: 30 pm	General Meeting	Senior Center
November 19 <sup>th</sup>	Wed	10:30 am	Board Meeting	Sew n Sew
November 23 <sup>rd</sup>	Sun	10:30 am	Sew Sunday	Senior Center
DECEMBER	DAY	TIME	ACTIVITY	LOCATION
December 3	Wed	10:30 am	FBQS Meeting	Sew n Sew
December 14	Sun	1:30 – 3:30 pm	General Meeting/ HOLIDAY PARTY	Senior Center
December 17	Wed	10:30 am	Board Meeting	Sew n Sew

### Monthly Activities:

Hand quilting: Every Tuesday/Senior Center – 1:00-3:00 pm

Sew Sunday: 4<sup>th</sup> Sunday of the Month – 10:30 am – 3:00 pm

\*\*\*Hand Sewing: Every Wednesday/ZOOM – 1:00 – 4:00 pm – Join Zoom Meeting  
<https://us06web.zoom.us/j/81292075496?pwd=blDtVHFrRGhpTTVxUGEraEFFc2hvQT09>

Meeting ID: 812 9207 5496

Passcode: HandSew

## 2025-2026 Board Members and Committee Chairs

President	Nadine Schultz	707-684-9627	Quilterqueenbee@yahoo.com
Vice-President	Carole Poma	707-813-3001	carolepoma@comcast.net
Secretary	Susan Blackmer	707-758-4195	sswanson26@gmail.com
Treasurer	Sharon Lau	707-937-3049H 707-357-7447C	quiltkats@yahoo.com sharon@oceanwavequilters.com
Communications	Shari Lyons	707-684-0831	lybra@mcn.org
Newsletter	Elizabeth Foster	510-292-7833	JJefoster@yahoo.com
Service	Kathy Demetri	707-937-3667	kathydemetri@gmail.com
Education &Special Events	Elizabeth Foster	510-292-7833	JJefoster@yahoo.com
Hospitality	Cindi Jo Wiley	707-357-4774	queenbee@mcn.org
Fort Bragg Quilt Show Chair	Carole Poma	707-813-3001	carolepoma@comcast.net



**NEWSLETTER – Next newsletter articles/items are due OCTOBER 22, 2025.  
Please let me know if you have any suggestions, concerns, or corrections.**

**Thank you, Elizabeth Foster, Newsletter Editor  
[JJefoster@yahoo.com](mailto:JJefoster@yahoo.com)  
510-292-7833**

## Ocean Wave Quilters Retreat Checklist

(Courtesy of Connie Mitchell)

Remember: you may be sharing table space with other quilters, so try to stay “compact.” Put your name on all of your supplies.

### ITEMS YOU MIGHT WANT TO BRING WITH YOU FROM HOME:

- \* Machine (loaded with fresh, new needle), owner’s Manual, presser feet, extension table (if you use one), accessories, power cords, foot controller, non-slip grip mat.
- \* Multi Plug Surge protector (optional-club has extension cords)
- \* Needles (machine and hand), thimble, needle threader.
- \* Pins (straight and safety), magnet for dropped pins.
- \* Bobbins and Threads.
- \* Rotary cutter (with new blade), scissors, seam ripper
- \* Tape measure.
- \* Fabric marking pens, chalk markers, pencils, sharpie.
- \* Painter’s tape, freezer paper, other paper, interfacing.
- \* Small trash bag for threads clippings.
- \* Fusible web, bring a Teflon mat to protect the iron and ironing board.
- \* Cutting mat, travel iron, and ironing pad (optional, the club provides large ones, but some like to have their own small working station),
- \* Spray water bottle and spray starch.
- \* Eye glasses.
- \* Seat cushion or padded chair.
- \* Squares-ups, rulers & templates
- \* Work light & fan
- \* Phone Charger
- \* Food & spill-proof cup for beverages
- \* Projects; patterns & fabrics